

Under 11 Results - Boys

60 metres		A String			B String
1	Ayr Seaforth	9.55	108	Giffnock N *B*	9.75
7	Giffnock North	9.55	107	Giffnock North	10.17
19	Whitemoss	9.62	113	Linlithgow	10.54
16	Shettleston	9.82	119	Whitemoss	11.40
13	Linlithgow	10.08	106	C/nauld *B*	11.72
6	C/nauld *B*	10.39			
8	Giffnock N *B*	10.89			

600metres		A String			B String
19	Whitemoss	2.02.0	107	Giffnock North	2.06.8
7	Giffnock North	2.04.6	119	Whitemoss	2.11.3
8	Giffnock N *B*	2.07.0	108	Giffnock N *B*	2.11.5
18	Victoria Park	2.10.0	116	Shettleston	2.11.7
13	Linlithgow	2.10.0	118	Victoria Park	2.12.4
16	Shettleston	2.10.1	113	Linlithgow	2.17.6

Standing Long Jump		A String			B String
7	Giffnock North	1.72	107	Giffnock North	1.78
16	Shettleston	1.66	108	Giffnock N *B*	1.46
1	Ayr Seaforth	1.60	119	Whitemoss	1.35
19	Whitemoss	1.52	106	C/nauld *B*	1.22

Under 11 Results - Girls

60 metres		A String			B String
7	Giffnock North	9.50	107	Giffnock North	10.21
1	Ayr Seaforth	9.79	119	Whitemoss	10.24
19	Whitemoss	9.92	114	Livingston & D	10.73
18	Victoria Park	9.99	105	Cumbernauld	10.75
13	Linlithgow	10.21	113	Linlithgow	10.99
20	W'moss *B*	10.23	108	Giffnock N *B*	11.27
2	Ayr S/forth *B*	10.31	120	W'moss *B*	11.79
14	Livingston & D	10.52			
8	Giffnock N *B*	11.05			
5	Cumbernauld	11.20			

600metres		A String			B String
18	Victoria Park	2.08.0	107	Giffnock North	2.12.9
19	Whitemoss	2.09.6	114	Livingston & D	2.14.9
8	Giffnock N *B*	2.11.6	119	Whitemoss	2.19.9
14	Livingston & D	2.12.4	113	Linlithgow	dnf
13	Linlithgow	2.14.0			
7	Giffnock North	2.15.4			
20	W'moss *B*	2.20.0			
1	Ayr Seaforth	2.23.1			

Standing Long Jump		A String			B String
8	Giffnock N *B*	1.55	101	Ayr Seaforth	1.66
7	Giffnock North	1.50	119	Whitemoss	1.58
5	Cumbernauld	1.50	105	Cumbernauld	1.54
14	Livingston & D	1.42	107	Giffnock North	1.50
20	W'moss *B*	1.42	114	Livingston & D	1.46
19	Whitemoss	1.32	108	Giffnock N *B*	1.44
13	Linlithgow	1.22	113	Linlithgow	1.38
			120	W'moss *B*	1.22

Girls Results

Under 13 Girls

60metres

5	Cumbernauld	8.99
9	Glw Sch of Sport	9.14
19	Whitemoss	9.20
14	Livingston & D	9.49
1	Ayr Seaforth	9.50
7	Giffnock North	9.57
18	Victoria Park	9.76
8	G'nock North *B*	9.93
107	Guest	9.95
10	Helensburgh	10.19
6	C'nauld *B*	10.28
13	Linlithgow	10.72
20	W'moss *B*	10.86
105	Guest	11.02

200metres

7	Giffnock North	30.0
15	Motherwell	31.7
9	Glw Sch of Sport	32.1
1	Ayr Seaforth	32.1
19	Whitemoss	33.8
107	Guest	33.8
8	G'nock North *B*	34.4
20	W'moss *B*	34.9
6	C'nauld *B*	35.4
5	Cumbernauld	35.4
18	Victoria Park	35.5
113	Guest	36.8
10	Helensburgh	37.0
13	Linlithgow	37.3
105	Guest	41.7

800metres

7	Giffnock North	2.32.3
107	Guest	2.42.5
14	Livingston & D	2.45.3
8	G'nock North *B*	2.47.6
13	Linlithgow	2.58.2
19	Whitemoss	3.01.0
18	Victoria Park	3.14.9
10	Helensburgh	3.22.7
20	W'moss *B*	3.23.1
5	Cumbernauld	3.29.8

60m Hur

7	Giffnock North	11.35
19	Whitemoss	11.73
13	Linlithgow	12.46
10	Helensburgh	12.64
107	Guest	12.95
14	Livingston & D	13.19
5	Cumbernauld	13.25
8	G'nock North *B*	13.44
6	C'nauld *B*	13.82
20	W'moss *B*	14.51

Long Jump

15	Motherwell	3.99
9	Glw Sch of Sport	3.81
19	Whitemoss	3.79
8	G'nock North *B*	3.62
14	Livingston & D	3.38
10	Helensburgh	3.35
5	Cumbernauld	3.30
7	Giffnock North	3.27
18	Victoria Park	3.24
20	W'moss *B*	3.21
13	Linlithgow	3.18
6	C'nauld *B*	2.63

High Jump

5	Cumbernauld	1.35
6	C'nauld *B*	1.15
1	Ayr Seaforth	1.15
7	Giffnock North	1.15
8	G'nock North *B*	1.10
19	Whitemoss	1.10
20	W'moss *B*	1.10
13	Linlithgow	1.05
14	Livingston & D	nh

Shot Putt

1	Ayr Seaforth	5.44
7	Giffnock North	5.08
20	W'moss *B*	5.05
19	Whitemoss	4.90
10	Helensburgh	4.88
14	Livingston & D	4.77
15	Motherwell	4.73
6	C'nauld *B*	4.72
13	Linlithgow	4.28
8	G'nock North *B*	4.07
5	Cumbernauld	3.84

Under 15 Girls

60metres

10	Helensburgh	8.36
7	Giffnock North	8.38
1	Ayr Seaforth	8.41
8	G'nock North *B*	8.73
11	H'burgh *B*	8.77
9	Glw Sch of Sport	8.78
5	Cumbernauld	8.78
2	A Seaforth *B*	8.88
19	Whitemoss	8.89
101	Guest	8.90
15	Motherwell	8.93
17	Stewartry	8.96
18	Victoria Park	8.96
14	Livingston & D	9.29
118	Guest	9.37
20	W'moss *B*	9.39
3	Clydesdale	9.44
13	Linlithgow	10.59

200metres

1	Ayr Seaforth	27.4
7	Giffnock North	28.0
10	Helensburgh	28.4
19	Whitemoss	29.5
8	G'nock North *B*	29.9
15	Motherwell	30.0
107	Guest	30.1
2	A Seaforth *B*	30.2=
17	Stewartry	30.2=
20	W'moss *B*	30.7
3	Clydesdale	31.9
18	Victoria Park	32.0
5	Cumbernauld	32.1
14	Livingston & D	32.7
114	Guest	33.1

800metres

7	Giffnock North	2.30.2
9	Glw Sch of Sport	2.33.3
8	G'nock North *B*	2.39.4
20	W'moss *B*	2.41.3
15	Motherwell	2.44.5
18	Victoria Park	2.44.7
19	Whitemoss	2.45.6
1	Ayr Seaforth	2.51.0
13	Linlithgow	2.53.0
14	Livingston & D	2.53.1
107	Guest	2.53.7
10	Helensburgh	3.09.4
118	Guest	3.27.4
5	Cumbernauld	3.37.3
114	Guest	3.45.2

60m Hur

9	Glw Sch of Sport	9.74
1	Ayr Seaforth	10.14
2	A Seaforth *B*	10.73
5	Cumbernauld	11.86
19	Whitemoss	11.90
114	Guest	12.00
14	Livingston & D	12.14
13	Linlithgow	12.43
20	W'moss *B*	13.01

Long Jump

1	Ayr Seaforth	4.95
7	Giffnock North	4.30
2	A Seaforth *B*	4.11
15	Motherwell	3.99
11	H'burgh *B*	3.98
19	Whitemoss	3.61
13	Linlithgow	3.59
14	Livingston & D	3.56
8	G'nock North *B*	3.55
5	Cumbernauld	3.38
3	Clydesdale	3.14
20	W'moss *B*	2.91

High Jump

1	Ayr Seaforth	1.63
7	Giffnock North	1.35
2	A Seaforth *B*	1.30
19	Whitemoss	1.30
8	G'nock North *B*	1.25=
13	Linlithgow	1.25=
20	W'moss *B*	1.25=
14	Livingston & D	1.15
5	Cumbernauld	1.05

Shot Putt

1	Ayr Seaforth	10.69
11	H'burgh *B*	8.81
2	A Seaforth *B*	8.27
10	Helensburgh	8.24
5	Cumbernauld	8.02
7	Giffnock North	7.80
14	Livingston & D	7.73
17	Stewartry	7.46
8	G'nock North *B*	6.69
15	Motherwell	5.96
18	Victoria Park	5.50
20	W'moss *B*	5.28
19	Whitemoss	5.20
13	Linlithgow	5.16

Under 17 Women**60metres**

7	Giffnock North	8.45
14	Livingston & D	8.49
1	Ayr Seaforth	8.63
8	G'nock North *B*	8.76
19	Whitemoss	8.88
5	Cumbernauld	9.05
20	W'moss *B*	9.21
114	Guest	9.23
10	Helensburgh	9.31
113	Guest	23.38

200metres

7	Giffnock North	27.5
1	Ayr Seaforth	28.2
20	W'moss *B*	28.6=
14	Livingston & D	28.6=
18	Victoria Park	28.9
19	Whitemoss	29.2
8	G'nock North *B*	29.2
114	Guest	30.6
10	Helensburgh	33.2

300metres

7	Giffnock North	44.5
1	Ayr Seaforth	45.7
18	Victoria Park	47.7
19	Whitemoss	48.6
14	Livingston & D	48.6
107	Guest	48.7=
8	G'nock North *B*	48.7=
20	W'moss *B*	48.8
10	Helensburgh	52.0

800metres

7	Giffnock North	2.27.5
8	G'nock North *B*	2.32.0
107	Guest	2.35.2
14	Livingston & D	2.35.5
1	Ayr Seaforth	2.36.3
19	Whitemoss	2.48.1

Under 20 Women**60metres**

109	Guest	8.29
7	Giffnock North	8.33
19	Whitemoss	8.97

200metres

109	Guest	26.70
19	Whitemoss	30.10

400metres

7	Giffnock North	61.40
19	Whitemoss	65.20
14	Livingston & D	66.90

800metres

7	Giffnock North	2.35.7
19	Whitemoss	3.10.6

60m Hur

17	Stewartry	9.70
19	Whitemoss	9.94
7	Giffnock North	10.32
10	Helensburgh	10.78
20	W'moss *B*	11.71

Long Jump

13	Linlithgow	4.88
7	Giffnock North	4.35
14	Livingston & D	4.32
19	Whitemoss	4.01
20	W'moss *B*	3.73
10	Helensburgh	3.67

High Jump

19	Whitemoss	1.65
7	Giffnock North	1.60
20	W'moss *B*	1.35
10	Helensburgh	1.35
17	Stewartry	1.35

Shot Putt

17	Stewartry	8.45
14	Livingston & D	8.32
19	Whitemoss	7.93
10	Helensburgh	7.55
18	Victoria Park	6.51
7	Giffnock North	6.16
20	W'moss *B*	5.95
1	Ayr Seaforth	4.93

60m Hur

19	Whitemoss	10.69
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Long Jump

14	Livingston & D	4.42
18	Victoria Park	3.91
19	Whitemoss	3.72

High Jump

19	Whitemoss	1.35
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Shot Putt

7	Giffnock North	9.04
19	Whitemoss	8.71